

WHAT TO EXPECT FROM CATALYST

What is Catalyst? (see video [here](#))

Catalyst[®] by LeaderShape is a one-day program designed for students interested in leader identity development. Both an individual and community experience, Catalyst connects participants with one another and helps them explore their authentic leadership journey.

Catalyst challenges participants to explore questions such as: What is my story? Who is in my support system? Who do I support? What are the causes and communities I care most about and how can I contribute? Together, Catalyst participants create a community in which meaningful conversations and inner exploration emerge as critical leadership skills.

Who should participate in Catalyst?

While Catalyst is appropriate for anyone who is interested in increasing their leadership capacity, program evaluation data demonstrates the highest impact occurs among students who are early in their leadership development journey on campus. Emerging leaders in student organizations, sports teams, and community groups who value authentic leadership will clarify and crystalize their leader identity at Catalyst.

What learning styles are employed in Catalyst?

The Catalyst curriculum employs a variety of learning strategies, including large group interaction, small group and pair-and-share conversations, and individual reflection through the Catalyst participant manual. Catalyst participants should be prepared for an interactive experience that departs from traditional, lecture-style learning. Be ready to reflect and go deep!



WHAT CATALYST PARTICIPANTS ARE SAYING



Student Testimonies

“I learned how important it is to analyze who I am, who influences me, why I’m doing what I’m doing, and how I can implement all of that into becoming a successful leader.” -*Catalyst participant, University of Michigan*

“I learned the importance of being genuine to others because these connections can take us far in life. There are many different qualities of being a leader, and leaning on the ones you’re good at is important.”
-*Catalyst participant, Rollins College*



“I learned that leadership is multifaceted. It’s not just about leading a group; it’s about making a difference in others’ lives while being a role model and a support in the process. The concepts learned today reinforced and added to what I know in regards to being a leader.”
-*Catalyst participant, Towson University*

Schedule Overview

The program begins at 9:45am and ends at 4:00pm. The schedule includes breaks throughout the day, including a lunch break at noon. Themes that guide the Catalyst curriculum are:



YOUR ORIGIN STORY

Explore what it means to choose your own authentic path.



YOUR CHARACTERS AND POINT OF VIEW

Understand how you best connect and contribute to the groups and causes you care about.



YOUR NEXT CHAPTER

Commit to a plan to be a catalyst for yourself and the groups or communities you are part of.